

ROCS Talk

VOLUME 2

Yorktown High School

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For the second quarter, we will continue our focus on developing the skills of self-awareness, self-discipline, and responsibility for self. Towards the end of the quarter, we will be doing an activity on a school-wide basis to emphasize these skills and transition to the second semester theme of ethics and integrity.

As you and our students have probably noticed, we have posted five quotes around the campus that emphasize the skills we are focusing on during the 1st semester. Here are some ideas for using the quotes in the classroom:

- Assign students to find the five quotes and translate them into another language.
- Use one of the quotes as a writing prompt or basis for a discussion connected to a literary work or historical period.
- Connect a quote to your classroom policies and procedures.
- Post a quote a week in your classroom and discuss how it connects to your curricular area.

We are what we repeatedly do.

Excellence, then, is not an act but a habit.

-Aristotle (384-322 BC, ancient Greek philosopher)

Don't compromise yourself. You're all you've got.

-Betty Ford (1918- , First Lady of the United States, 1974-1977)

Most powerful is he who has himself in his own power.

-Seneca the Elder (c. 54 BC— c. 34 AD, Roman writer)

No bird soars too high if he soars on his own wings.

- William Blake (1757-1827, English poet, painter, and essayist)

KNOW THYSELF.

-Socrates (470-399 BC, ancient Greek philosopher)